

4. Info-Session for Exchange Students

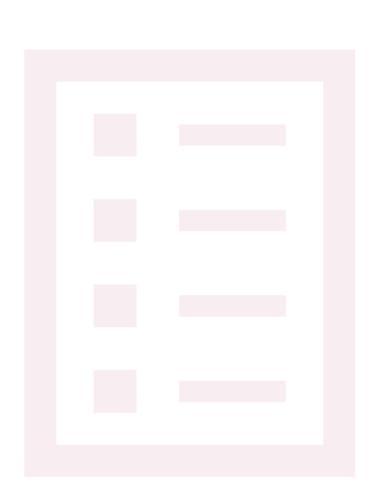
28th of February 2024 12:00 (Bremen Time)





Agenda

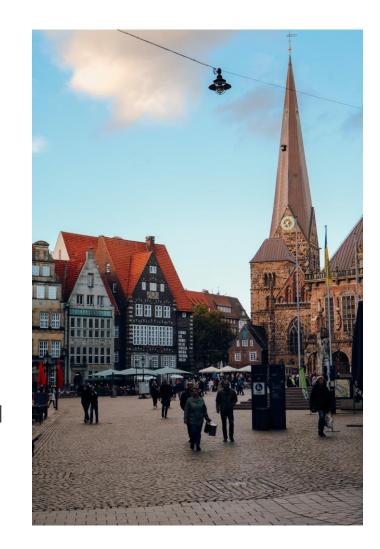
- City of Bremen
- University of Bremen
- ❖ Welcome Desk
- Orientation Week
- Important last steps
- Navigating the city
- Sport Registration deadline
- Study Buddy Programm
- ❖ Health and medical Services
- Wifi





City of Bremen – Key Facts

- Historical Hanseatic city dating back more than 1200 years
- Germany's eleventh largest city with a population of around 550.000
- Bremen and its port, Bremerhaven, form Germany's smallest federal state
- Third most bike-friendly city in Europe
- Centre for the aerospace and automotive industries, four universities and around 50 research institutes
- Inspiration for the Grimm Brothers' fairy tale "The Town Musicians of Bremen"
- Bremen's Town Hall and Roland Statue are designated as UNESCO World Heritage Sites
- Greenest metropolis in Germany



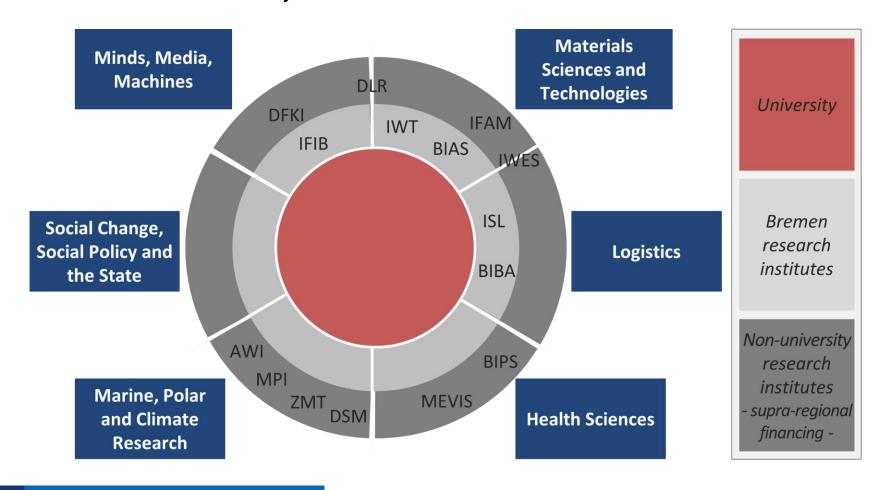


University of Bremen – Facts

- Researched-based learning
- Research and teaching are closely linked at the university
- Faculty and students engage critically with issues of environment, society, culture and science
- Cross-disciplinary collaboration in research priorities- topics today:
 - The oceans and global climate
 - The future of industrial production
 - Human and artificial intelligence today and tomorrow
 - User-friendly systems for all and expansion of Al research
 - Social conflicts and social security



The high-profile areas of the University of Bremen





Academic structure – 12 faculties

Biology/Chemist Mathematics/ Physics/Electric Production al Engineering Computer Engineering ry Science Social Sciences Geosciences Law Business Studies and **Economics Cultural Studies** Linguistics and Human and Pedagogy and **Literary Studies** Health Sciences Educational Sciences



Campus life

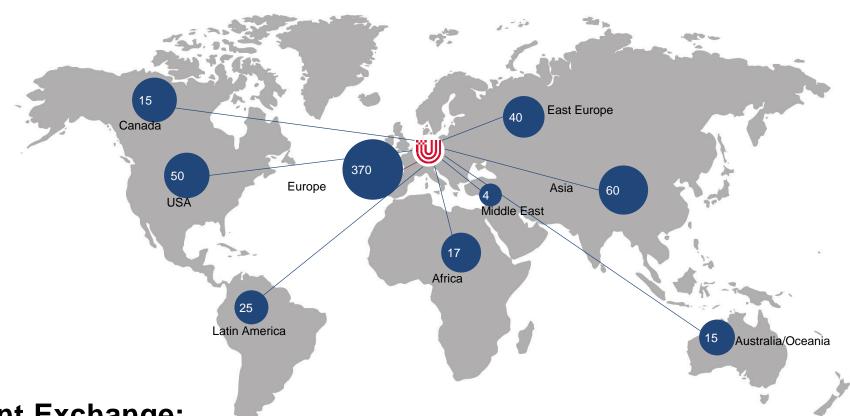
- A university for everyone
 - Comprehensive advice and service
 - Family-friendly university
 - Inclusive university
 - Studies for senior citizens
 - "Children's University"
- Campus of short distances
 - Wide range of culture and sports
 - Central campus park





Internationally connected

University partnerships worldwide



Student Exchange:

Erasmus Partner Universities: > 300

International Partner Universities: > 80



International Science

- Global responsibility and cutting-edge international research
 - 10% researchers from abroad
 - Nationwide leading in receiving refugee researchers
- Study internationally
 - Internationalization of curricula
 - Large variety of options for a stay abroad
 - Academic success by participation and integration: kompass





Welcome to the University! Welcome Desk

- At the Welcome Desk during the orientation weeks, the tutors of the Newcomer Service Team will be happy to answer any questions you may have regarding the start of your studies at the University of Bremen
- They will provide advice and information on the semester ticket, the ERASMUS certificate of arrival and registration forms
 - Please have a passport photo at hand for the Semesterticket!
 - ❖ Please bring your certificate of arrival from your home University!





Orientation Weeks

- Welcome Breakfast: 11th of March 2024 at 09:00 a.m. (Bremen time)
- Intensive German Language Course: 11.03.-28.03.2024
- Campus Tours
- Welcome Desk of the Newcomer Service (assistance with formalities after arrival in Bremen by the Newcomer Service Tutors)
- Social Events organized by the Erasmus Initiative

The full programm of the orientation weeks with dates and times will be sent to you by mid March The current programm can be found on the next few pages

Please be advised: 29.03. and 01.04. are Public Holidays, e.g. all shops and the university will be closed!



Welcome Desk Opening Hours

Opening Hours				
Datum/Date	Uhrzeit/Time	Ort/Place		
Dienstag/Tuesday	9:00 – 11:30/	VWG, Raum 0580		
12.03.2024	9.00 am - 11.30 am	VWG, Room 0580		
Mittwoch/Wednesday	14:00 - 16:00/	VWG, Raum 0580		
13.03.2024	2.00 pm - 4.00 pm	VWG, Room 0580		
Montag/Monday	9:00 - 11:30/	VWG, Raum 0580		
18.03.2024	9.00 am - 11.30 am	VWG, Room 0580		
Mittwoch/Wednesday	14:00 - 16:00/	VWG, Raum 0580		
20.03.2024	2.00 pm - 4.00 pm	VWG, Room 0580		
Montag/Monday	9:00 - 11:30/	VWG, Raum 0580		
25.03.2024	9.00 am - 11.30 am	VWG, Room 0580		
Mittwoch/Wednesday	14:00 - 16:00/	VWG, Raum 0580		
27.03.2024	2.00 pm - 4.00 pm	VWG, Room 0580		
Mittwoch/Wednesday	14:00 - 16:00/	VWG, Raum 0580		
03.04.2024	2.00 pm - 4.00 pm	VWG, Room 0580		
Montag/Monday	9:00 - 11:30/	VWG, Raum 0580		
08.04.2024	9.00 am - 11.30 am	VWG, Room 0580		
Mittwoch/Wednesday	14:00 - 16:00/	VWG, Raum 0580		
10.04.2024	2.00 pm - 4.00 pm	VWG, Room 0580		

→ You need to book an appointment for one of these timeslots! Please do so through

THIS LINK HERE



Orientation Week - Program

1. Orientierungswoche/ 1st Orientation week 11.03.2024 -17.03.2024			
Datum/Date	Uhrzeit/ Time	Veranstaltung/Event	Veranstalter/ Organizer
Montag/Monday	9:00 - 10:30/	Willkommensfrühstück, Mensa	International Office
11.03.2024	9.00 am - 10.30 am	Welcome Breakfast; Cafeteria	
	11.30 -12:30/	Campusführung	International Office
	11.30 am - 12.30 pm	Guided Campus Tour	
		Treffpunkt: Mensa-Eingang	
		Meeting point: Mensa entrance	
	14:00 - 17:30/	Deutsch Intensiv-Sprachkurs/German Intensive	FZHB/Goethe Institut
	2.00 pm - 5.30 pm	Language Courses	
Dienstag/Tuesday	9:00 - 11:30/	Welcome Desk, VWG, Raum 0580	International Office
12.03.2024	9.00 am - 11.30 am		
	11:00 - 12:00/	Sprechstunde Fachbereich 8, Sozialwissenschaften,	Michael Thiele
	11.00 am - 12.00 pm	GW2, Raum B2811	
		Consultation hours, Department of Social Sciences,	
		GW2, Room B2811	
	14:00 - / 2.00 pm -	Sprechstunde Soziologie, Zoom oder vor Ort:	Dr. Insa Pruisken
		UNICOM, Mary-Sommerville-Str. 9, Raum 1030	
		Consultation Hour sociology, Zoom or in person:	
		UNICOM, Mary-Sommerville-Str. 9, Room 1030	
	14:00 - 17:30/	Deutsch Intensiv-Sprachkurs/German Intensive	FZHB/Goethe Institut
	2.00 pm - 5.30 pm	Language Courses	
	Start ab 19 Uhr /		
	Starts at 7 pm	Speed Meeting im Senatssaal	Erasmus Initiative Bremen
Mittwoch/Wednesday	14:00 - 17:00/	Welcome Desk, VWG, Raum 0580	International Office
13.03.2024	2.00 pm - 5.00 pm		
	14:00 - 17:30/	Deutsch Intensiv-Sprachkurs/German Intensive	FZHB/Goethe Institut
	2.00 pm - 5.30 pm	Language Courses	
Donnerstag/Thursday	14:00 - 17:30/	Deutsch Intensiv-Sprachkurs/German Intensive	FZHB/Goethe Institut
14.03.24	2.00 pm - 5.30 pm	Language Courses	



	Start ab 18 Uhr / Starts at 6.00 pm	Karaoke Evening at Konobar in Viertel	Erasmus Initiative Bremen
Freitag/Friday	14:00 - 17:30/	Deutsch Intensiv-Sprachkurs/German Intensive	FZHB/Goethe Institut
15.03.24	2.00 pm - 5.30 pm	Language Courses	
Samstag/Saturday			
16.03.24			
Sonntag/Sunday		City Tour	Erasmus Initiative Bremen
17.03.24			
	2. Orientierungswoche	/ 2nd Orientation week 18.03.2024 -22.03.2024	
Datum/Date	Uhrzeit/ Time	Veranstaltung/Event	Veranstalter/ Organizer
Montag/Monday	9:00 - 11:30/	Welcome Desk, VWG, Raum 0580	International Office
18.03.2024	9.00 am - 11.30 am		
	11:00 - 12:00 /	Online-Sprechstunde Fachbereich 11, ZOOM	Annika Basten
	11.00 am - 12.00 pm	Online Consultation Hour Department 11, ZOOM	
		Link:https://us02web.zoom.us/j/83699674848?pw	d
		=YVVVWTl1bVJ5T0pQOXkxLzVKRlc2Zz09	
	14:00 - 18:15/	Deutsch Intensiv-Sprachkurs/German Intensive	FZHB/Goethe Institut
	2.00 pm - 6.15 pm	Language Courses	
		Sprechstunde Fachbereich 9, UNICOM,	
		Mary-Sommerville-Str. 9.1030	
	14:00 /	Consultation Hour Department , UNICOM,	
	2.00 pm	Mary-Sommerville-Str. 9.1030	Dr. Insa Pruisken
Dienstag/Tuesday	10:00 - 12:00/	Sprechstunde Fachbereich 10, GW2, Raum A 3.900	Dr. Henrike Evers
19.03.24	10.00 am - 12.00 pm	Consultation hours department 10, GW2,	
		Room A 3.900	
	11:00 - 12:00/	Welcome Session vom Fachbereich 7, WiWi 1-	
	11.00 am - 12.00 pm	Gebäude/ Raum A 3290	
		Welcome Session from Department 7; WiWi 1-	
		Building/ Room A 3290	



Mittwoch/Wednesday	10:30 /	Sprechstunde Fachbereich 12, GW2, Raum A2.390	Lara-Joy Rensen
20.03.24	10.30 am	Consultation Hour Department 12, GW2, Room A2.390	
	12:00 - 13:00 /	Sprechstunde Fachbereich 3, MZH, Raum 7225	Herr Prof. Dr. Eberhard
	12.00 pm - 1 pm	Consultation Hour Department 3,MZH, Room 7225	Oeljeklaus
	14:00 - 16:00/ 2.00 pm - 4.00 pm	Welcome Desk, VWG, Raum 0580	International Office
	14:00 - 18:15/ 2.00 pm - 6.15 pm	Deutsch Intensiv-Sprachkurs/German Intensive Language Courses	FZHB/Goethe Institut
Donnerstag/Thursday 21.03.2024	14:00 - 18:15/ 2.00 pm - 6.15 pm	Deutsch Intensiv-Sprachkurs/German Intensive Language Courses	FZHB/Goethe Institut
	10:00 - 12:00/ 10:00 am - 12:00 pm	Sprechstunde Fachbereich 10,GW 2, Raum A 3.900 Consultation hours department 10, GW 2, Room A 3.900	Dr. Henrike Evers
	10:00 - 12:00/ 10:00 am - 12 pm	Sprechstunde Fachbereich 3, MZH, Raum 3230 Consultation Hour Department 3,MZH, Room 3230	Frau DrIng. Hui SHI
Freitag/Friday 22.03.2024	14:00 - 18:15/ 2.00 pm - 6.15 pm	Deutsch Intensiv-Sprachkurs/German Intensive Language Courses	FZHB/Goethe Institut
Samstag/Saturday 23.03.2024			
Sonntag/Sunday 24.04.2024			
	3. Orientierungswoche	e/ 3rd Orientation week 25.03.2024 - 29.03.2024	
Datum/Date	Uhrzeit/ Time	Veranstaltung/Event	Veranstalter/ Organizer
Montag/Monday	9:00 - 11:30/	Welcome Desk, VWG, Raum 0580	International Office
25.03.2024	9.00 am - 11.30 am		
	10:00 - 13:00/ 10:00 - 1.00 pm	Sprechstunde Fachbereich 8, GW2, Raum B1440 Consultation Hour Department 8, GW2, Room B1440	Fabienne Müller



	10:00 - 11:00/	Sprechstunde Integrierte Europastudien, in Präsenz	Dr. Caterina Bonora
	10.00 - 11.00	oder auf Zoom unter:	2 outering bollorg
	12.00	https://uni-bremen.zoom-	
		x.de/j/64862538249?pwd=U2VmYWxYdExFdUZCRn	
		ZWZzVOQWdQQT09	
		Consultation hours Integrated European Studies, in	
		presence or on Zoom	
	14:00 - 18:15/	Deutsch Intensiv-Sprachkurs/German Intensive	FZHB/Goethe Institut
	2.00 pm - 6.15 pm	Language Courses	,
Dienstag/Tuesday	10:00 - 12:00/	Sprechstunde Fachbereich 10, Raum	Dr. Henrike Evers
26.03.2024	10.00 am - 12.00 pm	Consultation hours department 10, room	
	14:00 - 18:15/	Deutsch Intensiv-Sprachkurs/German Intensive	FZHB/Goethe Institut
	2.00 pm - 6.15 pm	Language Courses	,
	12:00 - 13:00/	Sprechstunde Fachbereich 2 Biologie/ Chemie,	Ute Meyer
	12.00 pm - 1.00pm	NW2; Raum A 1030	,
		Consultation Hour Biology/ Chemistry, NW2; Room	
		A 1030	
Mittwoch/Wednesday	11:30 - 12:30/	Sprechstunde Fachbereich 12, GW2, A 2390	Lara-Joy Rensen
27.03.2024	11.30 - 12:30 pm	Consultation Hour Deparment 12 GW2, A 2390	
	14:00 - 16:00/	Welcome Desk, VWG, Raum 0580	International Office
	2.00 pm - 4.00 pm		
	14:00 - 18:15/	Deutsch Intensiv-Sprachkurs/German Intensive	FZHB/Goethe Institut
	2.00 pm - 6.15 pm	Language Courses	
Donnerstag/Thursday	10:00 - 12:00/	Sprechstunde Fachbereich 10, GW 2, Raum A 3.900	Dr. Henrike Evers
28.03.2023	10.00 am - 12.00pm	Consultation hours department 10, GW 2, Room A	
		3.900	
	14:00 - 18:15/	Deutsch Intensiv-Sprachkurs/German Intensive	FZHB/Goethe Institut
	2.00 pm - 6.15 pm	Language Courses	
Freitag/Friday			
29.03.2024			



Samstag/Saturday			
30.03.2024			
Sonntag/Sunday			
31.03.2024			
	1 Vorlesungswoo	he/ 1st Lecture Week 01.04.2024 - 05.04.2024	
Datum/Date	Uhrzeit/ Time	Veranstaltung/Event	Veranstalter/ Organizer
Montag/Monday	ozeny nine	Feiertag	Taranian, organizar
01.04.2024			
Dienstag/Tuesday	Start ab 18:00 /	Begrüßungsveranstaltung "Welcome Meeting" für	
02.04.2024	Starts at 6.00 pm	neue internationale und Gaststudierende im FB 08	
		Sozialwissenschaften, GW2, Raum B2770	
		"Welcome Meeting" for new international and	
		visiting students in FB 08 Social Sciences, GW2,	
		Room B2770	
Mittwoch/Wednesday	14:00 - 16:00/	Welcome Desk, VWG, Raum 0580	International Office
03.04.2024	2.00 pm - 4.00 pm		
Donnerstag/Thursday			
04.04.2024			
Freitag/Friday			
05.04.2024			
Samstag/Saturday			
06.04.2024			
Sonntag/Sunday			
07.04.2024			
Montag/Monday	14:00 - 16:00/	Welcome Desk, VWG, Raum 0580	International Office
08.04.2024	2.00 pm - 4.00 pm		
Dienstag/Tuesday			
09.04.2024			
Mittwoch/Wednesday	14:00 - 16:00/	Welcome Desk, VWG, Raum 0580	International Office
10.04.2024	2.00 pm - 4.00 pm		



Navigating Bremen

- Bremen has an efficient public transport system. Students can use all buses and trams free of charge with the Semesterticket in this area (<u>Karte-SemesterTicket-Flyer 2018 2019 mL-Kopie.jpg (2281×2345) (uni-bremen.de</u>)
- There are a few websites that will help you navigate Bremen's public transport:
 - VBN journey planner app | BSAG
 - Cheap Train Tickets | Timetables for Germany & Europe Deutsche Bahn
 - Google Maps
- Bremen is a bikerfriendly city, consider renting a bike for short or longterm purposes to get around:
 - Swapfiets
 - wk-bike





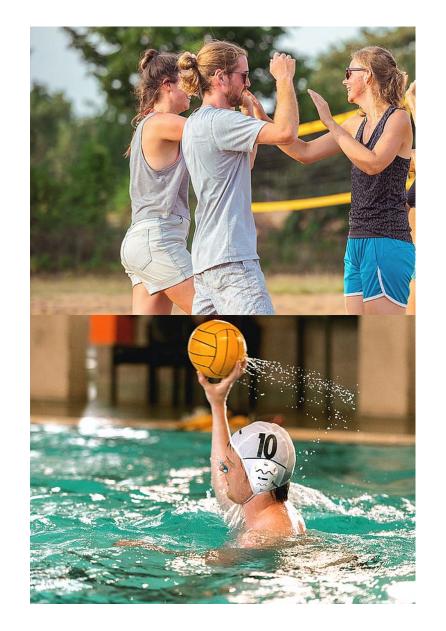
Important Information regarding the Semester Ticket!

- → The ticket will only be valid from 01.04.24 onwards!
- → If you arrive for the Orientation Weeks, please buy weekly or daily tickets for your journey on these days
 - => This can be done at the **Main Station**, at Station ,**Domsheide**' or online via the apps ,**Deutsche Bahn**' or ,**FahrplanerApp**'
- → If you are caught without a ticket, the fee is 60€!



University Sport

- Courses will start from April 2nd on until July 7th 2024.
- Online registration from March 18th, 7.00 am on.
- <u>Current Courses Universität Bremen (unibremen.de)</u>





Health Care and Medical Services

In Germany, there are general practitioners as well as specialists in each field (e.g., radiologists, optometrists, dermatologists, etc.).

In case of illness, it is normal to go to a general practitioner (Arzt für Allgemeinmedizin) first. He/she will send the patient to a specialist if necessary. It is recommendable to make an appointment before going to the doctor.

Everyone has free choice in the selection of their doctor. Search portals for Doctors:

- Arzt-Auskunft
- Kassenärztliche Vereinigung

For an appointment you have to bring:

- Proof of valid health insurance (e.g. EHIC card)
- proof of matriculation at the University of Bremen
- ID / Passport



Health Care and Medical Services

At night or on the weekend, we recommend contacting the emergency medical services (phone numbers below) or going directly to the hospital.

Emergency phone numbers:

Police: 110

• Fire Services: 112

Emergency Medical Services/ Ambulance: 112

Emergency Medical Care (Nights and Weekends):

- Emergency Doctors: +49 421 / 19292
- Medical Emergency Portal: +49 421 / 116117
- Emergency Pediatric Doctor: +49 421 / 3404444
- "Giftinformationszentrum Nord" (Poison Information Center North): +49 551 / 19240

Helpful Links

- Emergency Pharmacies
 Bremen (search by zip code)
- Pharmacies search
- Hospitals Bremen
- First Aid an illustrated health dictionary (Information brochure by Deutsches Studentenwerk)



Pharmacies and Medicine

In Germany, medicine is only available in pharmacies. There are two types of medicine: available with or without a prescription.

The German law on medicine is strict - most medicine is only available with a prescription (e.g. antibiotics) and pharmacies will not provide them without a prescription from a doctor.

Most health insurances generally cover most of the cost of medicine. There might be an additional fee of around 5-10 Euro.

At night or on the weekend, we recommend contacting the emergency pharmacy service (Apotheken-Notdienst). Information on which pharmacy to contact in this case can be found in the newspaper or on the <u>Internet</u>.





Psychological and Social Support

The "Studierendenwerk Bremen" offers support to students in situations of psychological or social crisis.

Contact:

- Psychological counselling
- Social counselling

Contacts für support in personal crisis

What to do in case of an emergency at the University of Bremen: Emergency





Studdy Buddy



The Study Buddy program is designed to help international exchange students find their way around the university and the city of Bremen.

Every international student participating in the program is matched with a student from Bremen as their "buddy". The buddy will provide support for everyday life in Bremen.

The program is a great opportunity to make friends, socialize with people from other cultures, improve foreign language skills and have fun.

The program starts during the first few weeks of the semester.

More information on Study Buddy



Wifi on Campus

The Wifi is within the Eduroam system and can be accessed all around campus

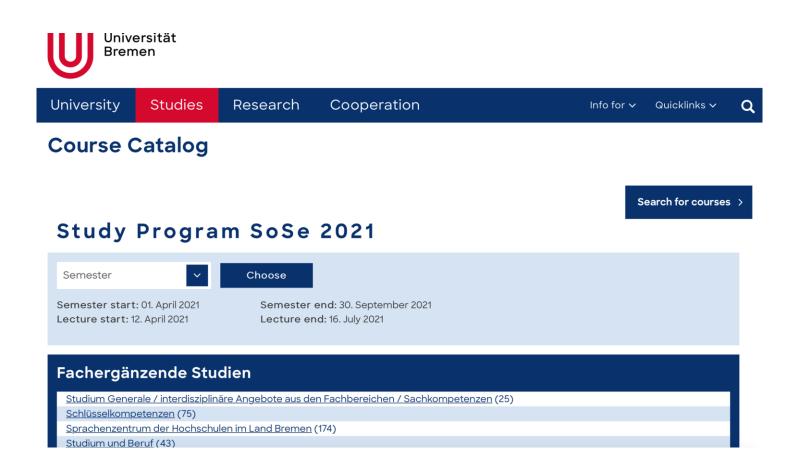
- → You will need your **Zfn Account** to login
- → You might have to download an additional app
- → Please follow the instructions in the following link:

https://www.uni-bremen.de/en/zfn/wifi/instructions-wifi



Course Catalog

LINK:
hbulvp_pi1%5Bse
m%5D=39





E-Learning System StudIP

Please make sure that

- you receive your access data for StudIP before the 11th of March 2024
- you register for courses before the start of lectures
- you attend the lectures/seminars/practices in the first week of lectures, because the lecturers will communicate the type
 and topics of the exams in the first week of lectures

You can also find a step by step guide on how to register for courses on our Newcomer Service Website "How to study at the University of Bremen" HERE!



Enrollment as a Visiting Student at the University of Bremen

- Deadline for enrollment is the 31st of March!
- If you are not completely enrolled by this date, you will not be able to study at the University of Bremen.
 Applications will not be considered by the Student Office after that date.
- Please note:
 - ✓ the transfer/processing of the semester contribution might take up to 10 working days.
 - the electronic notification procedure for the health insurance (ESMV) might take up to 2 weeks



Contacts

- Registration for the exchange place in "Mobility Online":
 - Erasmus students: incoming@uni-bremen.de
 - Students from overseas co-operations: <u>studybremen@uni-bremen.de</u>
- Application for the enrollment as a visiting student ("MOIN"): master@vw.uni-bremen.de
- Housing application at "Studierendenwerk Bremen": wohnraumvermittlung@stw-bremen.de
- German intensive courses: hochschulkooperation-bremen@goethe.de
- Questions about orientation weeks, health insurance and visa: newcomer@uni-bremen.de
- Problems with the VPN: vpn@uni-bremen.de



Online Office Hours of the International Office

Office hours of the International Office Consultation Bureau (VWG, Room 0580):

Monday: 09:00 – 11:30 (CEST)

Wednesday: 14:00 - 16:00 (CEST)

For Zoom Calls Only: (Link Here)

Thursday: 09:00 – 11:30 (CEST)

You may also check the website of the **Newcomer Service** or the **International Office Website** for more information



Thank you for your attention!

